



INTRODUCTION TO TRACK RACING

SATURDAY, JULY 1ST - 1 PM START

HELD UNDER USA CYCLING EVENT PERMIT

PRE-REGISTRATION ONLY!!!!

3-hour clinic to be held by Kyle Wolfe of Finish Fast Cycling. Kyle Wolfe, a USA Cycling licensed Level 1 Coach with Distinction. His company – based in Southern Vermont – Finish Fast Cycling provides high performance goal based coaching and training for men and women riders of all levels. In addition, Coach Kyle works with junior development and Talent ID camps as well as Team USA selection and international level racing. For this clinic, he will teach about the basics of track racing, about the track itself and teach and practice on-the-bike skills and drills and workouts to help get new riders ready for their first race. Coach Kyle first raced at Kissena in 1988 and is proud to have a long standing close relationship with the track and its community.

All riders that have never raced on the track or have and want to improve their skills is encouraged to attend. USA Cycling Adult or Junior licenses are required. One-day licenses can be purchased ONLINE ONLY!! for \$10. Clinic fee \$20. Attendees will be broken into groups to be determined on site by the clinic professor. Kissena has a limited amount of loaner bikes available, but the groups can be put together to make sure that as many who needs loaners can be accommodated. Loaner bikes are free of charge to rent, but are only for attendees that do not have a track bike available to them. Specifics and schedule of clinic will be posted on the track website (kissenavelodrome.info) when available.

PRE-REGISTRATION REQUIRED. Riders can pre-register until June 30th at BikeReg.com (direct link will be posted on track web page) or mail in entries that are **received** no later than June 24th to Alan Atwood, 62 Timber Ridge Dr, Holbrook, NY 11741. Checks are to be made payable to Atwood Racing Services. All fees include USA Cycling insurance surcharges.

Junior riders must have parent or guardian present to sign race waiver.

For more information, contact Alan Atwood by e-mail at fastalracing@gmail.com. Event promoted by Atwood Racing Services, LLC.

